

# Sweet Rainbow Love

by Ledine Watson

**Sugar Stitches**  
QUILT CO.



Modern or Scrappy Version!



NEED EXTRA HELP? CLICK  
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YOUTUBE VIDEO TUTORIAL  
FOR THIS QUILT BLOCK!

CONFIDENT BEGINNER | 16" FINISHED BLOCK



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#sweetrainbowlovequiltblock #SugarStitchesQuiltCo @SugarStitchesQuiltCo

## Before Getting Started

- Read through the entire pattern before getting started.
- All seam allowances are ¼” unless otherwise noted. If a scant seam is suggested, this pattern assumes the scant seam is one thread length narrower.
- Arrows throughout pattern represent sewing directions, not pressing directions.
- Press seams to the dark fabric unless otherwise directed.
- Refer to your coloring sheet or the mock ups in this pattern to lay out your blocks.
- Check [www.SugarStitchesQuiltCo.com](http://www.SugarStitchesQuiltCo.com) for any pattern corrections.
- Abbreviations:
  - WOF = Width of Fabric (assumed to be 42” wide).
  - RST = Right Sides Together.
  - HST = Half Square Triangle.
- Please share your progress and final projects on Instagram using the hashtags **#sweetrainbowlovequiltblock** and **#SugarStitchesQuiltCo** and tag **@SugarStitchesQuiltCo**.
- This pattern is for personal use only. Reproduction of any part of this pattern in any way whatsoever is strictly prohibited. If this design is used in a quilt for display, please credit Sugar Stitches Quilt Co. for the design.
- Classes and teaching of this pattern are prohibited without permission.
- Kitting of this pattern requires prior approval, unless you have purchased the pattern wholesale.
- You may sell items made using this pattern as a small independent seller. Please credit the pattern design to Sugar Stitches Quilt Co.

## Tools Needed

- Quilting rulers in varying sizes
- Thread
- Iron/ironing board
- Mechanical pencil/fabric marking pen
- Scissors or rotary cutter
- Cutting mat (a rotating cutting mat is helpful with this project)
- Straight pins
- Seam ripper (you just never know what could happen)

## Meet the Designer

Ledine is the owner and creator of Sugar Stitches Quilt Co! She's a self-taught quilter and will forever be thankful to this creative outlet for giving her a sense of purpose and keeping her sane throughout all of life's ups and downs. As a self-proclaimed perfectionist, she struggles to find creative activities that are more fun than frustrating. When she first ventured into the world of quilting, she faced some of this frustration head on before realizing that she didn't have to attempt the most difficult patterns or projects in order to feel satisfied with the final project. Can you relate? This is the life lesson that she wants to share with her corner of the quilting community!



## About the Pattern

- Block finishes at 16". Get creative, make a pillow with 1 block or make a quilt from several blocks!
- Find tips and tutorials on making this pattern and finishing it as a pillow or wall hanging on the blog [www.SugarStitchesQuiltCo.com](http://www.SugarStitchesQuiltCo.com)

## Fabric Requirements

	16" block
Rainbow Version (with each row in a different color)  Scrappy Version	(8) $\frac{1}{8}$ yard cuts from a variety of colors for background patchwork and $\frac{1}{4}$ yard for the center heart  <b>OR</b>  (40) $2\frac{1}{2}$ " squares and (5) $3\frac{1}{4}$ " squares for background patchwork and (14) $2\frac{1}{2}$ " squares and (5) $3\frac{1}{4}$ " squares for the center heart
Backing*	$\frac{5}{8}$ yard
Binding**	$\frac{1}{4}$ yard

\*Minimum required. You will need to adjust your backing fabric sizes for your chosen method of backing.

\*\*Optional depending on your choice of finishing.

## Cutting Instructions

	16" block
Rainbow Version (with each row in a different color)	<input type="checkbox"/> Cut (8) $2\frac{1}{2}$ " squares for row 1 <input type="checkbox"/> Cut (8) $2\frac{1}{2}$ " squares for row 2 <input type="checkbox"/> Cut (2) $2\frac{1}{2}$ " squares for row 3 <input type="checkbox"/> Cut (2) $3\frac{1}{4}$ " squares for row 3 <input type="checkbox"/> Cut (2) $2\frac{1}{2}$ " squares for row 4 <input type="checkbox"/> Cut (2) $2\frac{1}{2}$ " squares for row 5 <input type="checkbox"/> Cut (1) $3\frac{1}{4}$ " square for row 5 <input type="checkbox"/> Cut (4) $2\frac{1}{2}$ " squares for row 6 <input type="checkbox"/> Cut (1) $3\frac{1}{4}$ " square for row 6 <input type="checkbox"/> Cut (6) $2\frac{1}{2}$ " squares for row 7 <input type="checkbox"/> Cut (1) $3\frac{1}{4}$ " squares for row 7 <input type="checkbox"/> Cut (8) $2\frac{1}{2}$ " squares for row 8 <input type="checkbox"/> Cut (14) $2\frac{1}{2}$ " squares for center heart <input type="checkbox"/> Cut (5) $3\frac{1}{4}$ " squares for center heart
OR Scrappy Version	<input type="checkbox"/> Cut (40) $2\frac{1}{2}$ " squares for background patchwork <input type="checkbox"/> Cut (5) $3\frac{1}{4}$ " squares for background patchwork <input type="checkbox"/> Cut (14) $2\frac{1}{2}$ " squares for the center heart <input type="checkbox"/> Cut (5) $3\frac{1}{4}$ " squares for the center heart
Binding**	<input type="checkbox"/> Cut (2) $2\frac{1}{2}$ " x WOF strips

# Block Assembly

1. Place (5) 3 ¼" colored fabric squares RST with 3 ¼" heart fabric squares (Fig. 1). You will have 5 pairs.
2. Use a pencil or fabric marking pen to draw a diagonal line across the back of the heart fabric squares (Fig. 2).
3. Sew ¼" away from either side of the drawn line (Fig. 3). Repeat for each pair.
4. Cut the squares apart along the drawn line (Fig. 4). You will have (10) HSTs.
5. Trim each HST to 2 ½" (Fig. 5). Press seams to set and press open or to the darker fabric.

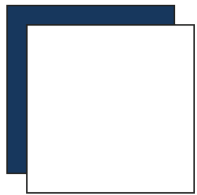


Fig. 1

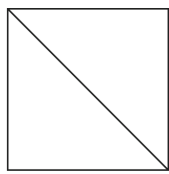


Fig. 2

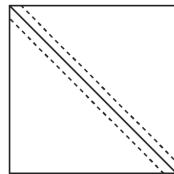


Fig. 3

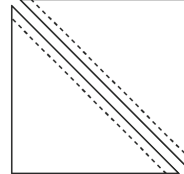


Fig. 4

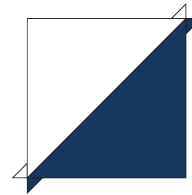


Fig. 5

6. Gather your 2 ½" squares and HSTs and lay out per the pattern or your own colorway. Begin with 8 squares on the top row. Continue laying out each row.
7. Working row by row, place each block right side together with the next and sew until each row is complete. Press rows in opposite directions to help nest your seams. Sew each row together until your block is complete! Quilt and choose your method of backing to finish your project!

