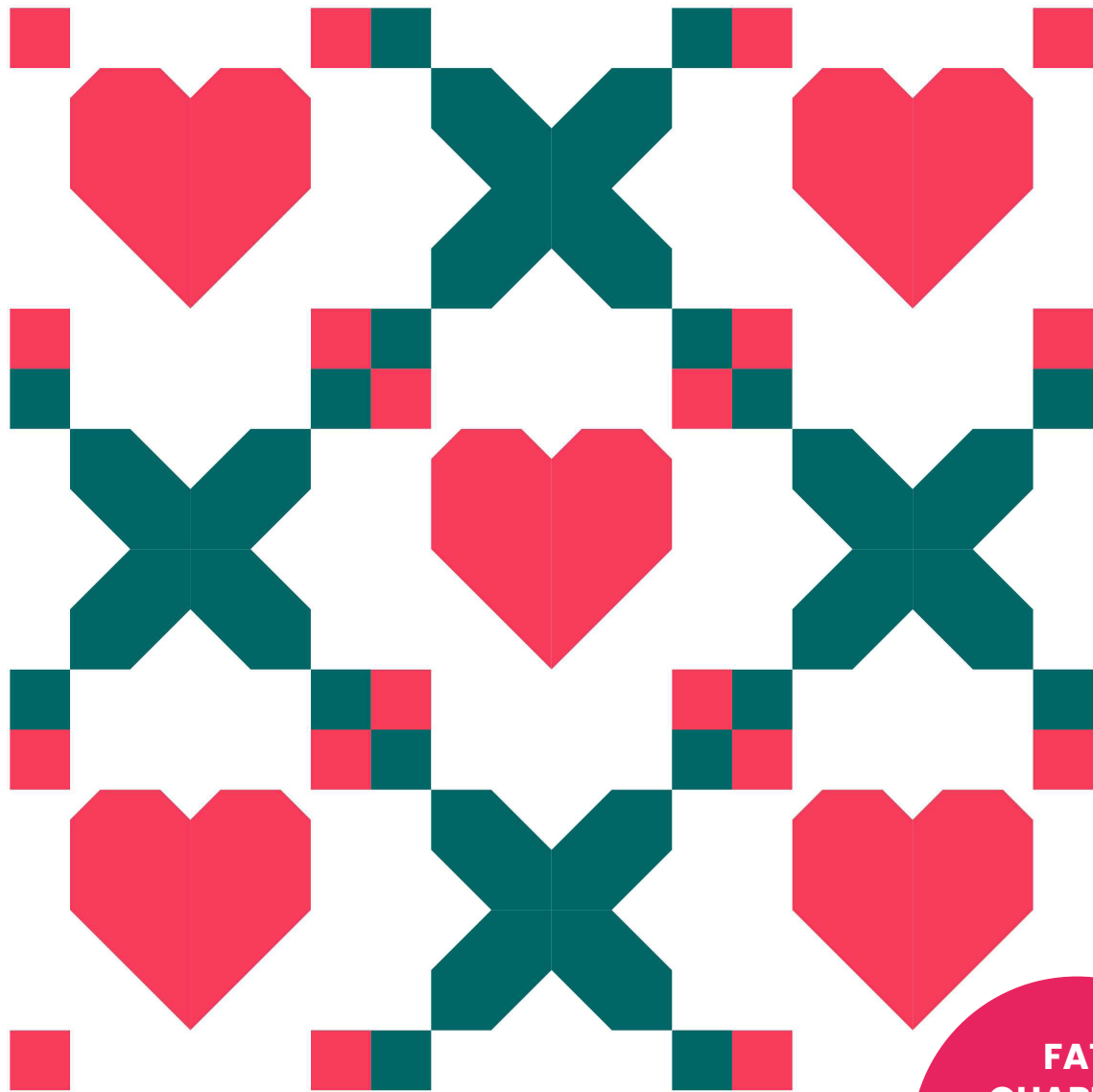


# CANDY KISS

Sugar Stitches  
QUILT CO.



**FAT  
QUARTER,  
10" PRECUT  
& SCRAP  
FRIENDLY!**

**TRADITIONALLY PIECED QUILT PATTERN FOR THE CONFIDENT BEGINNER  
WALL HANGING / BABY QUILT 38" X 38"**

# Before Getting Started

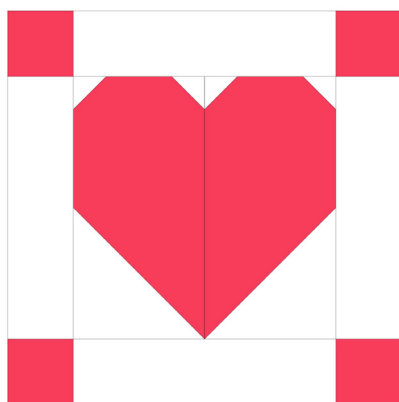
- Read through the entire pattern before getting started.
- All seam allowances are  $\frac{1}{4}$ " unless otherwise noted. When a scant seam is suggested, this pattern assumes the scant seam is one thread length narrower than a  $\frac{1}{4}$ " seam.
- Arrows throughout pattern represent sewing directions, not pressing directions.
- Press seams to the dark fabric unless otherwise directed.
- Refer to your coloring sheet or the mock ups in this pattern to lay out your blocks.
- Check [www.SugarStitchesQuiltCo.com](http://www.SugarStitchesQuiltCo.com) for any pattern corrections.
- Abbreviations:
  - WOF = Width of Fabric (assumed to be 42" wide).
  - RST = Right Sides Together.
  - FQ = Fat Quarter (assumed to be 18" x 21").
- Please share your progress and final projects on Instagram using the hashtags #CandyKissQuilt and #SugarStitchesQuiltCo and tag @SugarStitchesQuiltCo.
- This pattern is for personal use only. Reproduction of any part of this pattern in any way whatsoever is strictly prohibited. If this design is used in a quilt for display, please credit Sugar Stitches Quilt Co. for the design. Classes and teaching of this pattern are prohibited without permission. You may sell items made using this pattern as a small independent seller. Please credit the pattern design to Sugar Stitches Quilt Co.

## Tools Needed

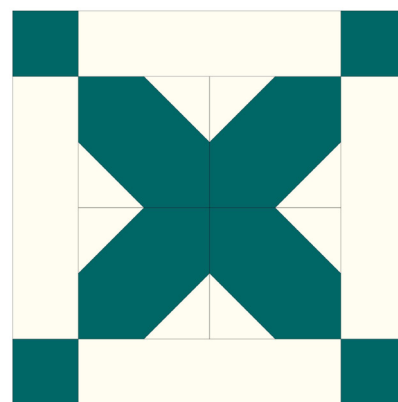
- Quilting rulers in varying sizes
- Thread
- Iron/ironing board
- Mechanical pencil/fabric marking pen
- Scissors or rotary cutter
- Cutting mat (a rotating cutting mat is helpful with this project)
- Straight pins
- Seam ripper (you just never know what could happen)

## About the Pattern

- The pattern features these adorable blocks to show your love! They are alternated in the quilt to give a chain effect, to represent your intertwined love!
- Both the heart and kiss blocks finish at 12".
- Looking for additional tutorials? Visit the blog at [www.SugarStitchesQuiltCo.com](http://www.SugarStitchesQuiltCo.com) or our YouTube channel @SugarStitchesQuiltCo.



Heart Block



Kiss Block

# Scrappy Mock Ups



Scrappy Version in Ruby Star Society - Picture Book



Scrappy Version in Moda Fabrics My Summer House

## Fabric Requirements

Fabric A (Hearts)	$\frac{5}{8}$ yard or 3 (5 FQs for most variety)
Fabric B (Kisses)	$\frac{1}{3}$ yard or 2 (4 FQs for most variety)
<b>OR</b> Assorted Fabrics	(1) 10" Precut Pack or 1+ yard of scraps
Background	1 $\frac{1}{4}$ yards
Borders	$\frac{1}{4}$ yard
Backing*	2 $\frac{5}{8}$ yards
Binding	$\frac{3}{8}$ yard

\* Includes 4" overage to allow for quilting. Adjust to your needs.

- Yardage requirements are not rounded up to include wiggle room. If you prefer to have extra fabric in case of cutting mistakes, please add  $\frac{1}{8}$  -  $\frac{1}{4}$  yard to each as desired.
- A 10" precut pack typically contains (42) 10" precut squares.
- FQs are the minimum requirements for a scrappy quilt. Feel free to use more for a scrappier look!
- Want to make a larger quilt, add larger borders or even multiple borders!

# Cutting Instructions

Fabric A (Hearts)	<input type="checkbox"/> Cut (2) 2 ½" x WOF strips <input type="checkbox"/> Subcut (20) 2 ½" squares <input type="checkbox"/> Cut (2) 8 ½" x WOF strips <input type="checkbox"/> Subcut (10) 4 ½" x 8 ½" rectangles
Fabric B (Kisses)	<input type="checkbox"/> Cut (1) 2 ½" x WOF strip <input type="checkbox"/> Subcut (16) 2 ½" squares <input type="checkbox"/> Cut (2) 4 ½" x WOF strips <input type="checkbox"/> Subcut (16) 4 ½" squares
OR Assorted Fabrics	<input type="checkbox"/> Cut (20) 2 ½" squares (referred to as Fabric A in the pattern) <input type="checkbox"/> Cut (10) 4 ½" x 8 ½" rectangles (referred to as Fabric A in the pattern) <input type="checkbox"/> Cut (16) 2 ½" squares (referred to as Fabric B in the pattern) <input type="checkbox"/> Cut (16) 4 ½" squares (referred to as Fabric B in the pattern)
Background	<input type="checkbox"/> Cut (1) 1 ½" x WOF strip <input type="checkbox"/> Subcut (20) 1 ½" squares <input type="checkbox"/> Cut (2) 2 ½" x WOF strips <input type="checkbox"/> Subcut (32) 2 ½" squares <input type="checkbox"/> Cut (2) 4 ½" x WOF strips <input type="checkbox"/> Subcut (10) 4 ½" squares <input type="checkbox"/> Cut (3) 8 ½" x WOF strips <input type="checkbox"/> Subcut (36) 2 ½" x 8 ½" rectangles
Borders	Cut (4) 1 ½" x WOF strips <input type="checkbox"/> Subcut and piece (2) 1 ½" x 36 ½" strips (side borders) <input type="checkbox"/> Subcut and piece (2) 1 ½" x 38 ½" strips (top and bottom borders)
Binding	<input type="checkbox"/> Cut (5) 2 ½" x WOF strips

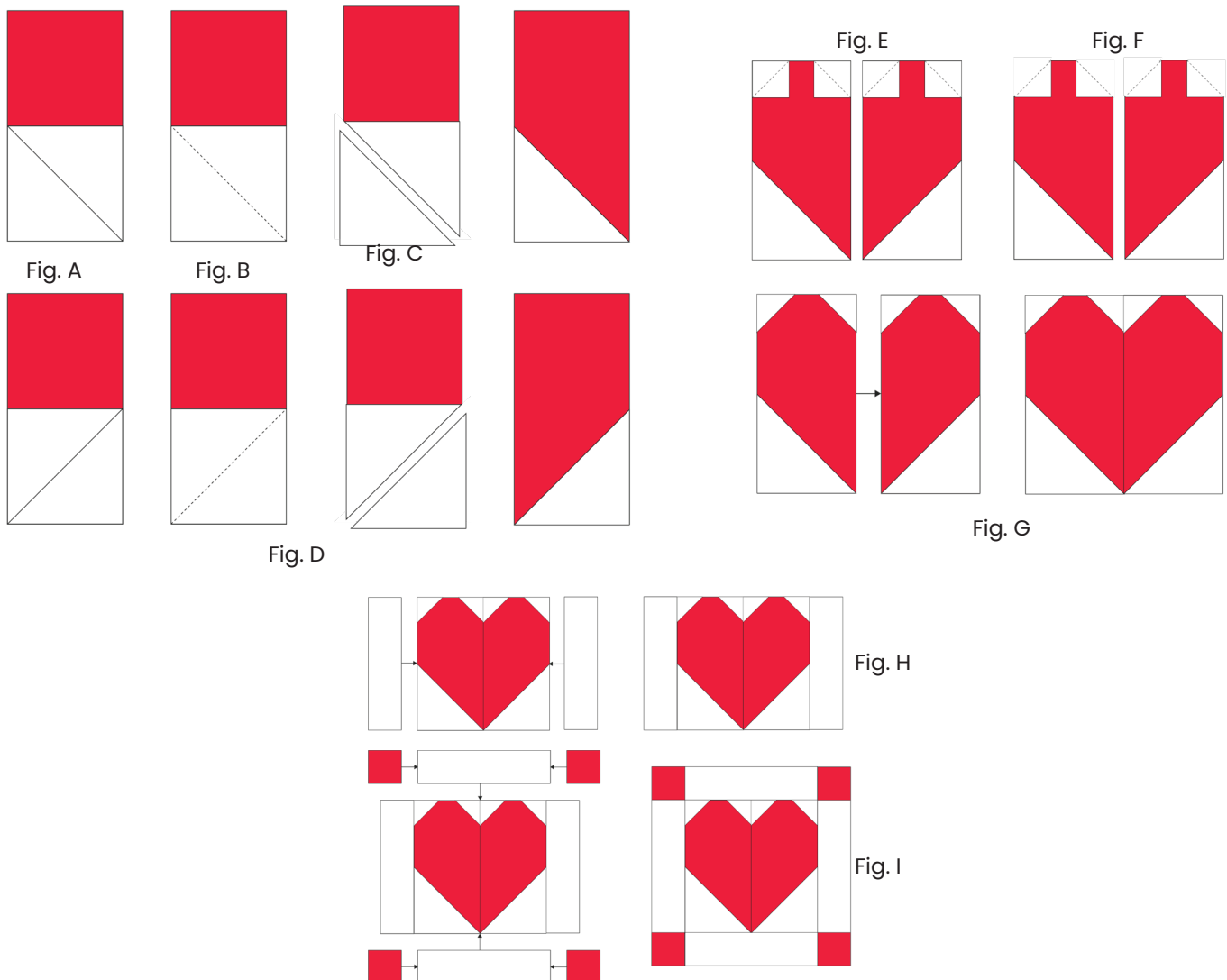
## Single Block Cutting Instructions

<b>Single Heart Block</b>	
Fabric A	<input type="checkbox"/> Cut (4) 2 ½" squares <input type="checkbox"/> Cut (2) 4 ½" x 8 ½" rectangles
Background	<input type="checkbox"/> Cut (4) 1 ½" squares <input type="checkbox"/> Cut (2) 4 ½" squares <input type="checkbox"/> Cut (4) 2 ½" x 8 ½" rectangles

<b>Single Kiss Block</b>	
Fabric B	<input type="checkbox"/> Cut (4) 2 ½" squares <input type="checkbox"/> Cut (4) 4 ½" squares
Background	<input type="checkbox"/> Cut (8) 2 ½" squares <input type="checkbox"/> Cut (4) 2 ½" x 8 ½" rectangles

# Heart Block Assembly

1. Draw a diagonal line corner to corner on the wrong side of 1 ½" and 4 ½" background squares.
2. Place (1) 4 ½" background square RST on bottom corner of (1) 4 ½" x 8 ½" Fabric A rectangle (Fig. A).
3. Sew on the drawn line (Fig. B). Trim ¼" away from the outside of the line (Fig. C). Press seam open.
4. Repeat to make (4) more of these units.
5. Repeat to make (5) additional units but placing the diagonal line in the opposite direction on the bottom of the 4 ½" background square (Fig. D). \*Pay close attention to the orientation of your drawn lines on all units.
6. Place (1) 1 ½" square on the top corners of the all of the 4 ½" x 8 ½" Fabric A rectangles (Fig. E).
7. Sew on the drawn line. Trim ¼" away from the outside of the line. Press seams open (Fig. F).
7. Sew (2) opposite units RST to form a heart (Fig. G). Press seams open. Trim to 8 ½" as needed.
8. Sew (1) 2 ½" x 8 ½" rectangle to the left and right sides of each heart (Fig. H). Press seams outward.
9. Sew (1) 2 ½" Fabric A square to both sides of (8) 2 ½" x 8 ½" background rectangles (Fig. I). Sew these units to the top and bottom of each block. Press seams outward. Repeat for all the heart blocks.
10. Your block should measure 12 ½" x 12 ½". Trim as needed.



# Kiss Block Assembly

1. Draw a diagonal line corner to corner on the wrong side of the  $2\frac{1}{2}$ " background squares.
2. Place (1)  $2\frac{1}{2}$ " background square RST on bottom left corner and top right corner of (1)  $4\frac{1}{2}$ " Fabric B square (Fig. J).
3. Sew on the drawn lines (Fig. K). Trim  $\frac{1}{4}$ " away from the outside of the lines (Fig. L). Press seams open.
4. Repeat to make (15) more of these units. \*Pay close attention to the orientation of your drawn lines on all units.
5. Lay out (4) units to form the "X" (Fig. M). Sew the top (2) units and bottom row (2) units RST and press seams in opposite directions. Nest the seams and sew the rows RST (Fig. N). Press seam open. Repeat to make (3) more blocks. Trim each to  $8\frac{1}{2}$ " as needed.
6. Sew (1)  $2\frac{1}{2}$ " x  $8\frac{1}{2}$ " rectangle to the left and right sides of each block (Fig. O). Press seams outward.
7. Sew (1)  $2\frac{1}{2}$ " Fabric B square to both sides of (8)  $2\frac{1}{2}$ " x  $8\frac{1}{2}$ " background rectangles. Sew these units to the top and bottom of each block (Fig. P). Press seams outward.
8. Your block should measure  $12\frac{1}{2}$ " x  $12\frac{1}{2}$ ". Trim as needed.

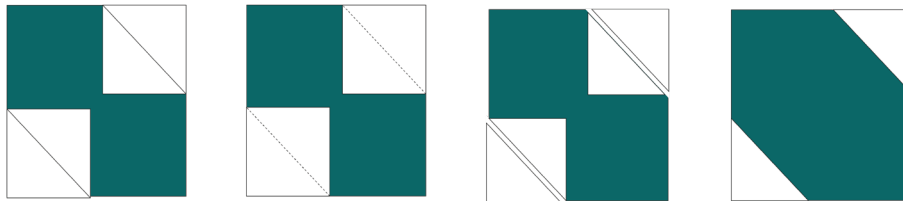


Fig. J

Fig. K

Fig. L

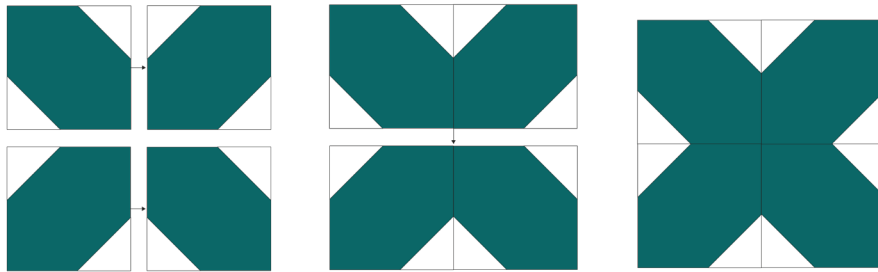


Fig. M

Fig. N

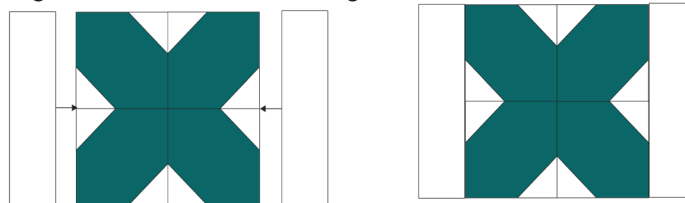


Fig. O

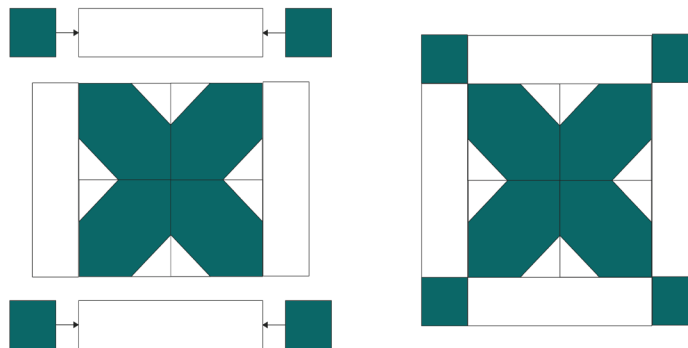
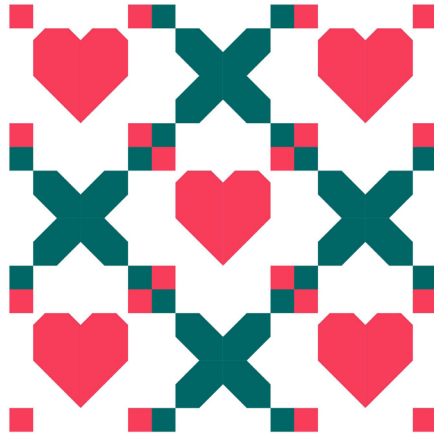


Fig. P

# Quilt Assembly

1. Lay out the blocks per mock up.
2. Sew RST one row at a time. Press each row in opposite directions.
3. Sew each row to the next, nesting seams at each intersection. Press seams open or to one side. Continue until all your rows have been sewn together. Press your seams open or to one side.
4. Since your final quilt size can vary, measure the left and right sides of your quilt. Cut the border strips to those measurements if different from the measurements listed in the cutting instructions. Attach the left and right borders first. Press seams outward.
5. Measure the top and bottom of your quilt. Cut the border strips to those measurements, if different from the measurements listed in the cutting instructions. Attach the top and bottom borders. Press seams outward.
6. Your quilt top is now complete!



## Finishing

1. Piece together backing fabric as needed.
2. Lay backing wrong side up, then your batting, followed by your quilt top right side up to complete your quilt sandwich.
3. Baste and quilt as desired.
4. Square your quilt and trim off excess backing fabric and batting.
5. Bind as desired with the 2 ½" binding strips.
6. Your quilt is now complete!

## Meet the Designer

Ledine is the owner and creator of Sugar Stitches Quilt Co! She's a self-taught quilter and will forever be thankful to this creative outlet for giving her a sense of purpose and keeping her sane throughout all of life's ups and downs. As a self-proclaimed perfectionist, she struggles to find creative activities that are more fun than frustrating. When she first ventured into the world of quilting, she faced some of this frustration head on before realizing that she didn't have to attempt the most difficult patterns or projects in order to feel satisfied with the final project. Can you relate? This is the life lesson that she wants to share with her corner of the quilting community!

Check out her YouTube tutorials: [www.YouTube.com/@SugarStitchesQuiltCo](http://www.YouTube.com/@SugarStitchesQuiltCo)

Looking for quilting education, tutorials, and a fun engaging community? Join our Quiltcademy Community Membership! [www.Quiltcademy.com](http://www.Quiltcademy.com).



# Coloring Page

